

從臺灣到世界舞台： 青年指揮的國際音樂旅程

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From Taiwan to the World Stage: A Young Conductor's International Journey

臺灣之光・國北之光

A Pride of Taiwan & National Taipei University of Education

無畏之心，走向國際舞台——

Brian Liao（廖元宏）的青年指揮之路

從國北教大出發，走進世界音樂舞台，

一段關於堅持、孤獨與信念的真實旅程



國際指揮廖元宏與國北教大
校長陳慶和合影

♪ 一堂關於「不放棄」的生命教育課

在競爭快速的時代，成功往往被期待立即看見，但真正深刻的成長，來自長時間的累積與面對挑戰時的選擇。

本次通識教育中心邀請傑出校友 Brian Liao（廖元宏）返校分享，不僅是一場音樂講座，更是一堂關於信念與堅持的生命教育課。

♪ 國際榮耀 | 傑出指揮的獎項與成就

Brian Liao 近年在國際樂壇嶄露頭角，多次於國際指揮大賽獲得佳績，包括：

- 保加利亞索菲亞國際指揮大賽首獎（2026）
- 西班牙 Llíria 國際指揮大賽首獎（2023）
- 克羅埃西亞 Lovro von Matačić 國際指揮大賽第三名與樂團獎（2023）
- 義大利 Giancarlo Facchinetti 指揮大賽銀牌（2025）
- 羅馬尼亞布加勒斯特國際指揮大賽第二名與樂團獎（2025）
- 倫敦愛樂指揮培訓計畫六位決選者之一（2023）

他曾擔任法國國立法蘭西島交響樂團助理指揮（2020），並任國立台灣交響樂團國際青年管弦樂營藝術總監（2023），活躍於歐亞多個重要樂團與音樂節。

♪ 面對挑戰 | 不怕失敗，持續前行

在缺乏經濟資源的情況下，他一邊打工、一邊參加比賽，初期多次遭淘汰，但從未放棄。他鼓勵學弟妹：「不要害怕挑戰，唯有勇於嘗試，才能被世界看見。」

♪ 孤獨淬鍊 | 沒有人看見的努力

畢業後數年，他在異國寒冬中獨自研讀總譜、精進專業。這段孤獨而專注的努力，成為他站上國際舞台的重要基石。

♪ 超越技巧 | 指揮，是人生的總和

Brian 強調，指揮不僅是手勢與技巧，更來自多元經驗的累積與對人的理解。建立信任與良好互動，是專業之外不可或缺的能力。

♪ 主任謝宜君引言

通識教育中心主任謝宜君表示，Brian 的經歷展現了專業實力與堅持信念，也為學生提供面對未來挑戰的啟發與方向。

♪ 結語 | 讓世界看見你之前，先相信自己

Brian Liao 的故事，是一段關於堅持與信念的旅程。在尚未被看見之前，他選擇不放棄自己，而正是這份堅持，讓他最終站上世界舞台。

A Fearless Heart on the Global Stage: The Journey of Young Conductor Brian Liao

From NTUE to the World: A True Story of Perseverance, Solitude, and Conviction A Lesson in Resilience

In today's fast-paced world, success is often expected immediately. Yet true growth comes from persistent effort and the choices we make when facing challenges.

The General Education Center invited distinguished alumnus Brian Liao back to NTUE to share his journey — not only a music lecture but also a life lesson in perseverance, resilience, and self-belief.

International Achievements | A Rising Star in Conducting

Brian Liao has gained recognition on the international music stage through numerous prestigious competitions, including:

- 1st Prize, Sofia International Conducting

Competition, Bulgaria (2026)

- 1st Prize, Lliria International Conducting Competition, Spain (2023)
- 3rd Prize & Orchestra Award, Lovro von Matačić International Conducting Competition, Croatia (2023)
- Silver Medal, Giancarlo Facchinetti Conducting Competition, Italy (2025)
- 2nd Place & Orchestra Award, Bucharest International Conducting Competition, Romania (2025)
- Finalist, London Philharmonic Orchestra Conducting Fellowship (2023)

He also served as Assistant Conductor of the Orchestre National d' Île-de-France, France (2020), and was appointed Artistic Director of the NTU International Youth camp (2023). Over the years, he has collaborated with leading orchestras across Europe and Asia, building a strong international reputation.



國際指揮廖元宏與
同學們經驗分享

♪ Facing Challenges | **Perseverance in Action**

Despite limited financial resources, Brian worked while preparing for competitions. Early setbacks did not deter him.

He encourages students: “Do not fear challenges — only by daring to try can the world truly see you.”

♪ Solitude as Growth | **Unseen Dedication**

In the years following graduation, he devoted long winter afternoons abroad to studying scores alone, while others socialized. These solitary, focused hours became the foundation of his international career.

♪ Beyond Technique | **Conducting as a Life Philosophy**

Brian emphasizes that conducting is more

than gestures and technique; it is shaped by life experience and the ability to understand and connect with people. Building trust and nurturing positive relationships are just as crucial as technical skill.

♪ Remarks from Director I-Chun Hsieh

Director I-Chun Hsieh of the General Education Center noted that Brian’s journey demonstrates the power of dedication and perseverance, offering inspiration and guidance for students as they pursue their own paths.

♪ Closing | **Believe in Yourself Before the World Sees You**

Brian Liao’s story is a testament to persistence and conviction. Before the world recognized him, he never gave up on himself — and it is this unwavering commitment that has brought him to the global stage.



同學們認真聆聽分享國際指揮廖元分享國際音樂旅程